

IT'S A BRAND
NEW YEAR,
IS IT THE SAME
OLD YOU?



FINDING THE PATH TO TRANSFORMATION

A person with short brown hair, seen from the back, wearing a denim jacket. They are looking at a calendar page that says "Today", "December 2008", and "31". The background is a textured red wall.

My Prayer for 2012:

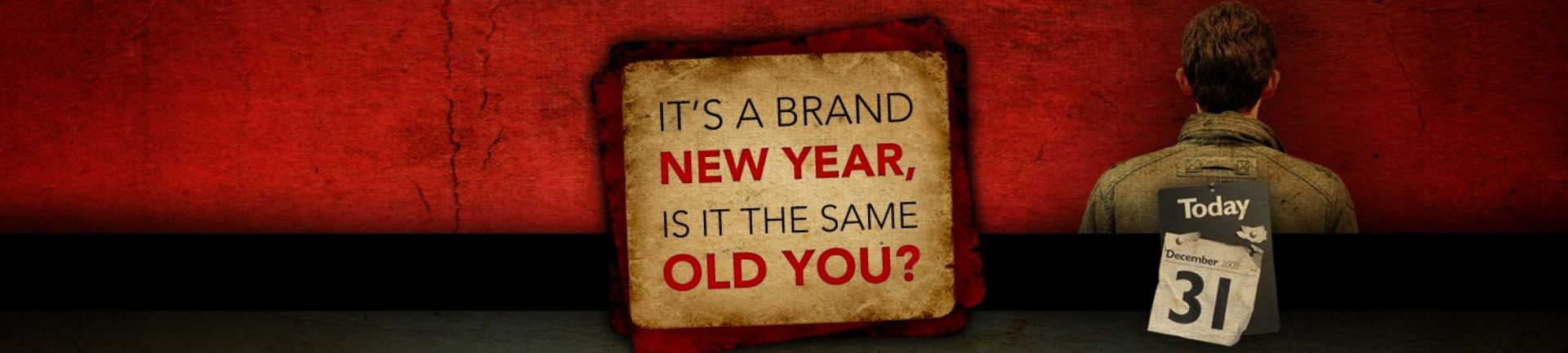
God please:

Renovate my heart,

Renew my mind,

Reform my habits

to Revolutionize Your world



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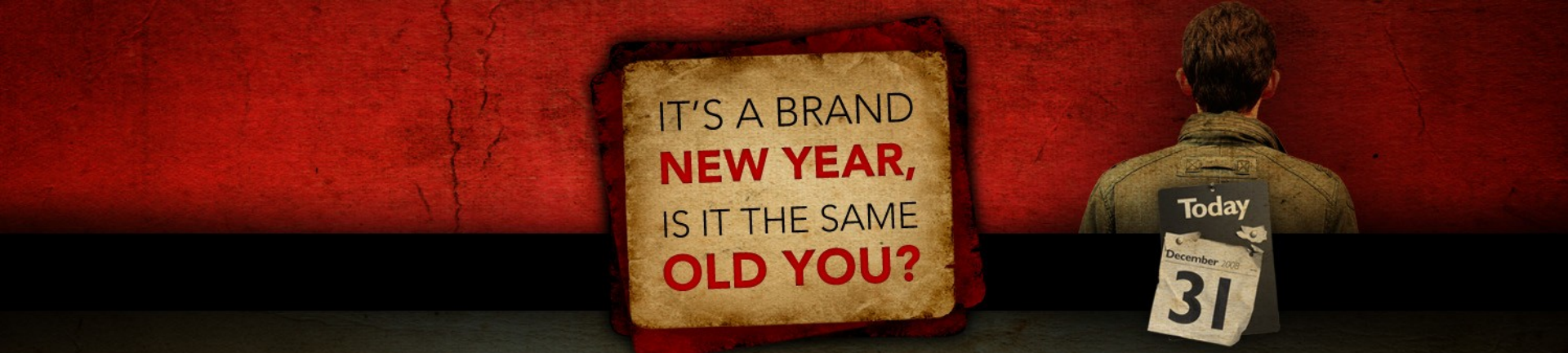
Renovate My Heart

I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws. Ezekiel 36:26,27

Renew My Mind

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. Romans 12:2

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Reform my Habits

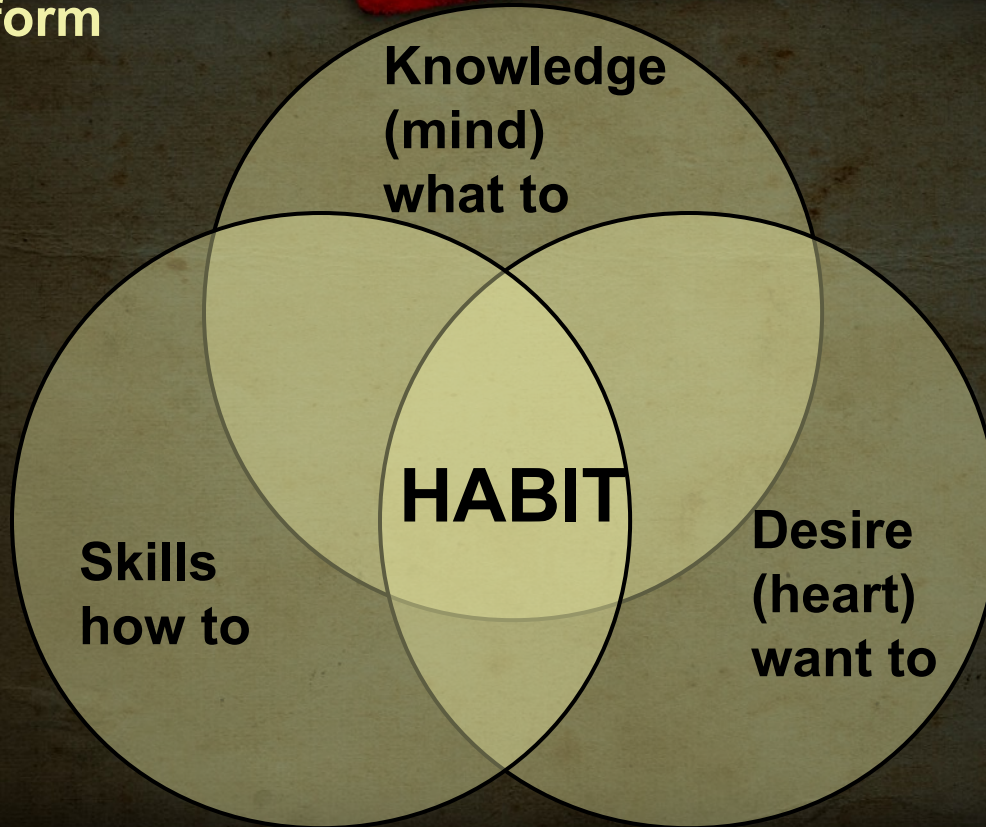
. . . walk by the Spirit, and you will not gratify the desires of the flesh. For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. . . The acts of the flesh are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. . . But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Galatians 5:16-23

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**How do I Reform
my Habits?**



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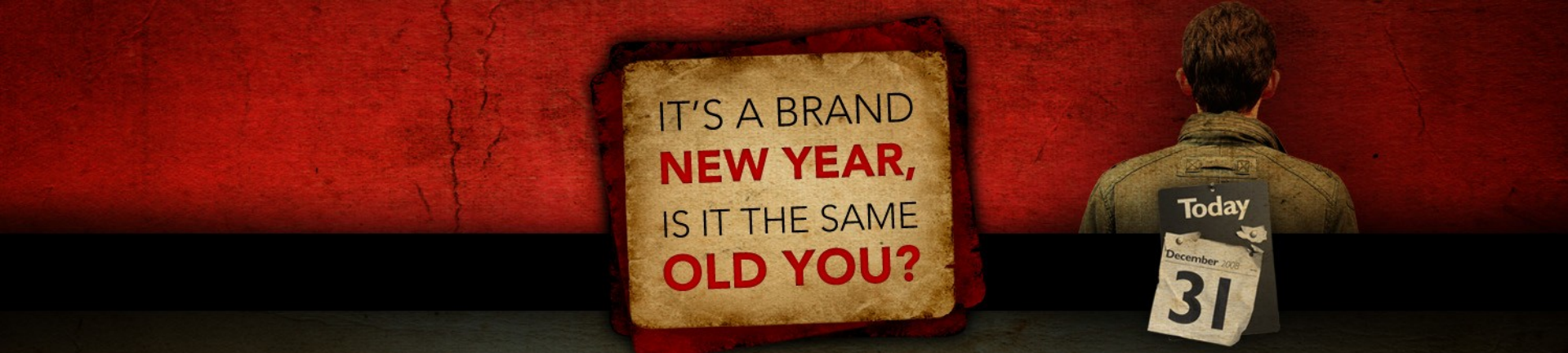


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How Do I Reform my Habits?

Have nothing to do with godless myths and old wives' tales; rather, train yourself to be godly. For physical training is of some value, but godliness has value for all things,. . . set an example for the believers in speech, in conduct, in love, in faith and in purity. 1 Timothy 4:7,8,12



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How do I Reform my Habits?

Humility – seeing yourself as you really are

For all have sinned and fallen short of the
glory of God, Romans 3:23

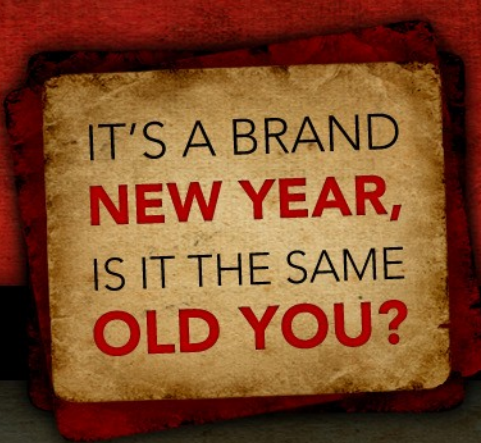
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TV lust laziness listening exercise
worry peace negativity anger envy
talking pornography lying self-control
prayer insecurity shopping
business video games eating out
patience giving fear
gossip fasting internet joy hopelessness
vanity solitude serving

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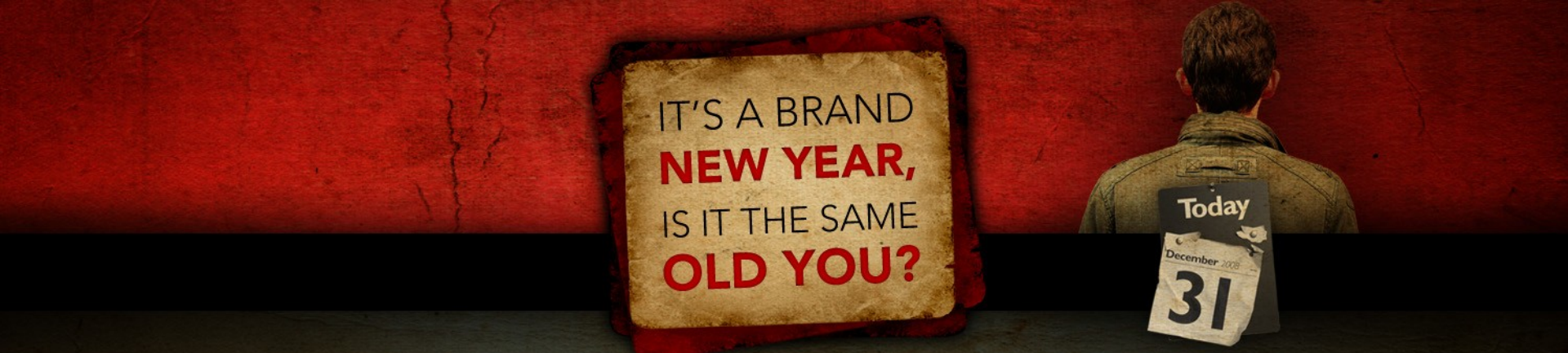


How do I Reform my Habits?

Discipline – adjusting your life to fit your faith

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How do I Reform my Habits?

Leaders don't build character without crossing the bridge of discipline. Personal discipline is like a bridge that crosses from where you are to where you want to be. It gets you where you want to go.

Dr. Tim Elmore

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How do I Reform my Habits?


Discipline

"He will die for lack of discipline, led astray by his own great folly." Proverbs 5:23

"He who heeds discipline shows the way to life, but whoever ignores correction leads others astray." Proverbs 10:17

Whoever loves discipline loves knowledge, but whoever hates correction is stupid. Proverbs 12:1

Those who disregard discipline despise themselves, but the one who heeds correction gains understanding. Proverbs 15:32



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How do I Reform my Habits?

Discipline – adjusting your life to fit your faith

rather, train yourself to be godly 1 Timothy 4:7

What adjustments does your life need?

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How do I Reform my Habits?

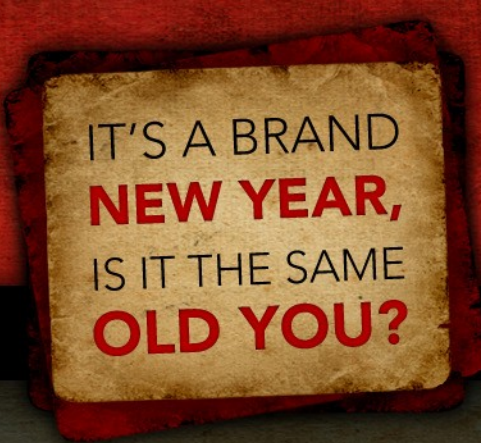
Humility – seeing yourself as you really are

Discipline – adjusting your life to fit your faith

Consistency (i.e. Trial & Error) – Taking the time to figure out your way.

Support – Being around people who encourage you and spur you on.

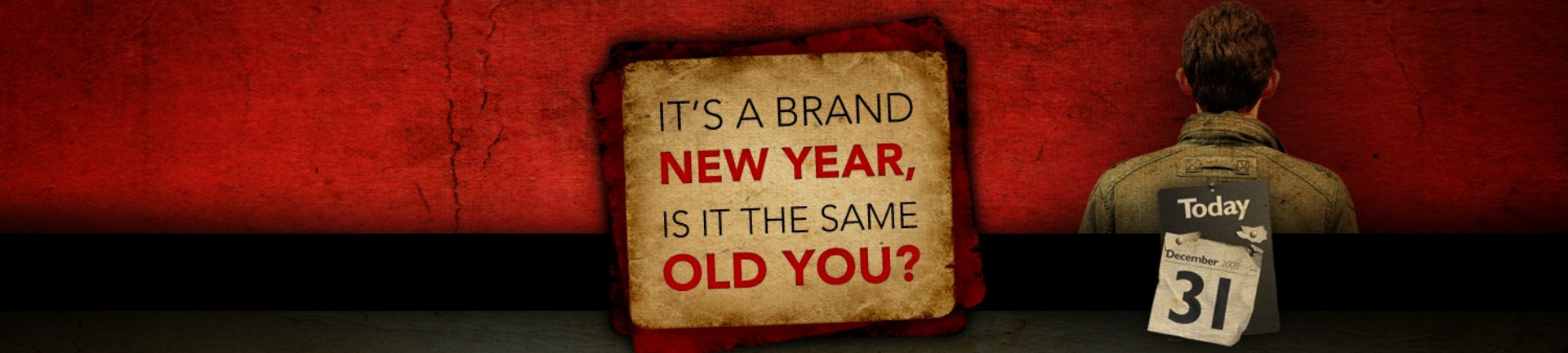
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The Path to a Good Habits:

1. I don't know that I know – we don't even know we have bad habits.
2. I know that I don't know – we realize we need better habits.
3. I know that I know – we are consciously trying to change our habits.
4. I don't even know that I know – the new habits have become who we are.

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To Revolutionize God's World

Joshua told the people, "Consecrate yourselves, for tomorrow the LORD will do amazing things among you." Joshua 3:5

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